

## Light Starts



### Fresh Fruit Yogurt Crunch \$7.95

Seasonal Fresh Fruit and Berries, Low-fat Yogurt,  
and Crunchy Granola

Fat 3g Saturated Fat 1g Cholesterol 10mg Carbs 43g Protein 7g Calories 260



### Market Fresh Fruit Bowl \$6.95

Fresh Fruit Salad Tossed with a Honey-Ginger Dressing

Fat 5g Saturated Fat 0g Cholesterol 0mg Carbs 43g Protein 2g Calories 260

Fresh Berries \$5.95 Half Grapefruit \$4.95

Assorted Cereals \$2.95 with Fruit \$4.25

## The Bakery

### The Continental \$6.95

An Assortment of Breakfast Pastries including Croissant, Danish and  
Fresh Baked Muffins. Served with Juice and a Hot Beverage

English Muffin.....	\$2.25	Assorted Muffins.....	\$2.45
Assorted Danish.....	\$3.45	Buttered Toast.....	\$1.45
Croissants.....	\$3.45	Bagel & Cream Cheese.....	\$3.50

## Breakfast Side Dishes

Grilled Ham .....	\$3.45	Turkey Bacon .....	\$4.25
Bacon (4) .....	\$3.95	Home Fries .....	\$1.95
Sausage Links (3) .....	\$3.95	Turkey Sausages .....	\$4.25
Scrappe .....	\$3.45	One Egg aby style.....	\$5.95

## Beverages



Large Fresh Orange Juice \$3.95 Assorted Juices \$3.25

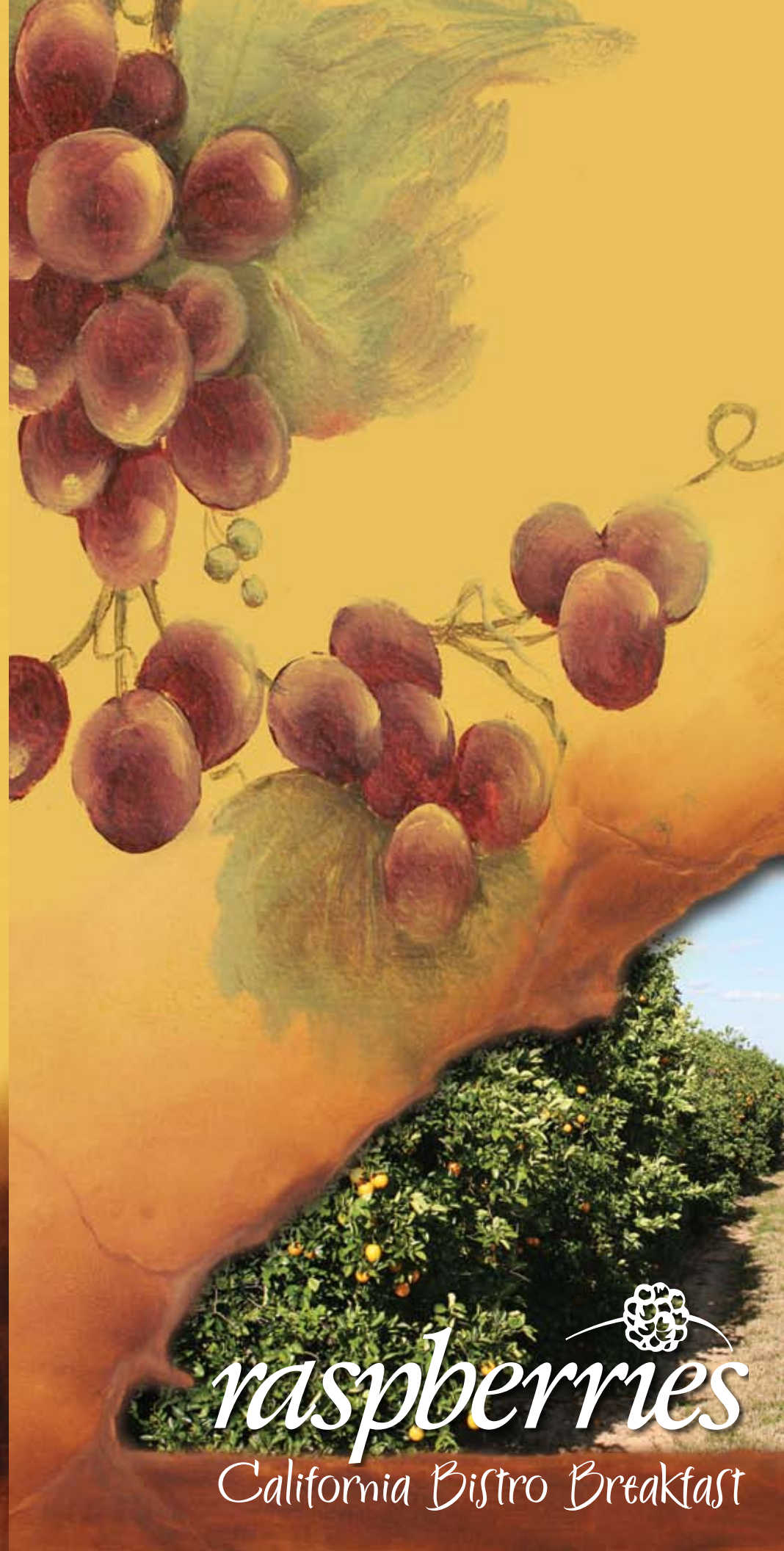
Seattle's Best Regular / Decaf Coffee \$3.00

Selection of Tazo Teas \$2.00



Hilton  
Eat Right

The Hilton Eat Right initiative specifically targets guests' needs in the areas of nutrition, fitness, diet, and lifestyle. The Hilton Eat Right recipes were developed with this in mind. Each recipe featured in the Hilton Eat Right Recipes section will provide specific nutritional information. Our recipes are not structured around current diet trends but around the concepts of balance, variety, and moderation of foods within each meal. Any substitutions or changes to items may adjust the listed Nutritional Values. Additional Nutritional Value information is available. Please ask your Server for details.



  
*raspberries*  
California Bistro Breakfast

# Everyone's idea of a perfect breakfast is different!

In for a busy day or just want to take it easy?  
Choosing the right breakfast is one of the first important things you'll be doing today.

Simply select the breakfast that's right for you and follow the color chosen on the Hilton Breakfast buffet. We'll do the rest - you'll find that our buffet offers the widest choice of fresh and premium quality produce imaginable.



Price per person \$13.95

Each child under 5 years of age may eat free with a paying adult.

Breakfast Items	Low Fat Low Calorie	Hi-Energy	High Fiber	Low Cholesterol	Indulgence
<b>Fruit &amp; Vegetable Juices</b>					
Orange, grapefruit & cranberry		Red		Blue	Yellow
Tomato Juice				Blue	Yellow
<b>Fresh Fruits &amp; Vegetables</b>					
Honeydew, cantalope, pineapple, strawberries & grapefruit	Blue			Blue	Yellow
Apples, oranges & pears			Teal	Blue	Yellow
Tomatoes, spinach & mushrooms	Blue		Teal	Blue	Yellow
<b>Cereals</b>					
Corn Flakes, Wheaties®, Special K® & Rice Krispies®				Blue	Yellow
Granola		Red	Teal		Yellow
Shredded Wheat & Raisin Bran			Teal	Blue	Yellow
<b>Breads &amp; Pastries</b>					
Blueberry muffin, cheese danish, coffee cake & croissants		Red			Yellow
Cinnamon raisin bread		Red		Blue	Yellow
Plain bagels & baguette		Red			Yellow
Rye, wheat & multi-grain bread		Red	Teal	Blue	Yellow
<b>Dairy Products</b>					
Yogurts & cottage cheese		Red		Blue	Yellow
Skin & soy milk		Red		Blue	Yellow
Whole milk		Red			Yellow
<b>Jellies, Preserves &amp; Spreads</b>					
Strawberry preserves, grape jelly & orange marmalade		Red			Yellow
Peanut butter & honey		Red			Yellow
<b>Chilled Meats</b>					
Salami, ham, turkey & roast beef		Red			Yellow
<b>Hot Items</b>					
Eggs		Red			Yellow
Egg Beaters®		Red		Blue	Yellow
Egg whites	Blue	Red			Yellow
Sausage & bacon		Red			Yellow
Oatmeal			Teal	Blue	Yellow
Breakfast potatoes		Red		Blue	Yellow
Pancakes		Red		Blue	Yellow
Biscuits & gravy		Red			Yellow
French toast		Red			Yellow

Food color chart is based upon the US Food and Drug Administration Code of Federal Regulations.

When ordering Hilton Breakfast, all cooked-to-order items are available through your server.

## Eggs, Omelettes & Frittata

PA Sauder Eggs from Lancaster County

### America's Favorite \$9.95

Two Eggs Cooked to Your Liking, with a Choice of Breakfast Meat, and our seasoned Home Fries and Toast

### Three Egg Omelette \$8.95

Your Choice of fillings. Served with our Seasoned Home Fries, and Toast

### Western Omelette \$9.95

with Peppers, Onions, Ham, Cheese, and Salsa. Served with Fresh Fried Cheddar Tortilla Chips and Toast

### Mixed Vegetable Frittata \$10.95

Created with Red Onions, Mushrooms, Dill, Asparagus, Spinach, Roma Tomatoes, and Egg Substitute

Fat 2.5g Saturated Fat 0g Cholesterol 0mg Carbs 24g Protein 23g Calories 210

### Raspberries Breakfast Sandwich \$8.95

Thick-cut slices of Texas Toast with Scrambled Eggs, Shaved Ham, and American Cheese. Served with our Seasoned Home Fries and Fresh Fruit

### Eggs Benedict \$10.95

Two poached eggs on top of Canadian Bacon, and English Muffins

Topped with Hollandaise Sauce. Served with Our Seasoned Home Fries and Fresh Fruit

## Off The Griddle

### Pancakes \$9.45

Three pancakes with a choice of Breakfast Meat. Served with Fresh Fruit and warm syrup. Your Choice of Blueberries, Bananas or Cinnamon Chips

### Waffles with Whipped Butter and Warm Syrup \$8.95

with Fresh Berries and Whipped Cream \$9.95

### French Toast \$9.45

Thick Cut Slices of White bread, cinnamon Battered and Grilled. Served with a Choice of Breakfast Meat, Warm Syrup and Fresh Fruit

Meat Selections: Bacon, Pork Sausage Links, Ham, Scrapple, Canadian Bacon

\*There is a significant increase of illness associated with highly susceptible populations eating foods in a raw or undercooked form.